



Swarasadhana (Batch – 6)
Monday, Wednesday and Friday

HINDUSTHANI CLASSICAL MUSIC
JUNIOR GRADE
1st Year 2025 - 2026

COURSE OUTLINE

INTRODUCTION

Hindustani music, also known as North Indian classical music, has a rich history and is considered to be a highly respected art form in India. It has numerous benefits which include scientific, spiritual, psychological, and an overall holistic approach to personality development. Music plays a significant role in nurturing aesthetic response. It increases a student's capacity for thoughtful feeling and feeling full thought. Knowing about music, developing sensitive and critical listening skills, creating and performing music an understanding the role of music are vital ingredients in the education of every student. It includes, providing a deeper understanding of the structures of raaga, taal and expressions, through meticulous techniques

OVERALL OBJECTIVES

- Learn the seven swaras and their relative positions by learning different Alankars,
- Swara progressions, Paltaas(basic rhythm patterns, and speeds), Jantiswaras, and musical elements, in perfect sur, laya and taala.
- Voice culture - breathing exercises, voice dynamics(loud/soft), pitch (high/low).
- Bringing appropriate expressions & modulations in the voice.
- Learning vowel sounds, Kanswaras, Meend, Khatka, Murki, Merukhand etc.
- Understanding and reciting all taalas- bol, taali, khaali, counts and other taala mahiti.
- Developing listening and writing skills by doing simple Swara mapping techniques, exercises, and understanding/identifying the placement of each Swara/swara patterns.
- Learning Bhajans, Drupads and Vachanas in the given Ragas.
- Application of the basics(paltas, alankars, swara progressions) in understanding the Raaga and TaaLa.
- Understanding Thaats, and the origin of Ragas.
- Studying and identifying the characteristics of all the Raagas.
- Studying the theory of Hindustani classical music.

Schedule of Teaching

Session – 1				
Periods	Date	Topic	Subtopic	Class activity
1	June 2	Introduction to Music	Benefits & Learning Method of Music, Basics	Explanation Writing, Singing & Practicing Taal on Hand
		Basics in Music	Paltaas- 1221,1211 Alankar – 1 Taal – Teen Taal	
		Bhajan	Vinayaka Bhajan	

2	3	Basics in Music	Revision	
			Paltaas – 1222,1233	
3	4	Basics in Music	Revision	
			Paltaas & Alankaar 1&2	
4	5	Basics in Music	Revision	
			Practicing Method of Paltaas, Paltaas – 1211,1121	
5	6	Basics in Music	Revision, Alankar - 3	
6	7	Basics in Music	Revision, Songs	Explanation Writing, Singing & Practicing Taal on Hand
			Jantishwaragalu	
7	9	Basics in Music	Revision	
			Paltaas – 1212, Alankar - 5	
8	11	Basics in Music	Revision, Songs	
			Paltaas – 1123,Swara Progression – 1(sa sarisa sariga	
9	13	Basics in Music	Revision	
			Introduction to Taalaa Indetail, Paltaas - 1322	
10	16	Basics in Music	Revision, Practice of Onbeat & Offbeat	
11	18	Basics in Music	Revision, Kanswara (Touch Notes)	
12	20	Basics in Music	Revision, Paltaas ,Voice Culture	
			Taal – Dadara, Keharava	
13	23	Basics in Music	Revision, Meend , Paltaas	
14	25	Basics in Music	Revision, , Paltaas	
15	27	Basics in Music	Revision	
		Bhajan	Vinayaka Bhajan	
16	30	Introduction to Raag	Characteristics of Raag	Explanation Writing, Singing & Practicing Taal on Hand
		Basics In Music	Paltaas – 1221, 1211 Taal – Teentaal	
		Raag- 1 Bhoop	Simple alap, Alankar	
17	July 2	Basics in Music	Revision Paltaas-1212, 1112 Taal – Teen taal	
		Raag - Bhoop	Simple alap, Alanakar, Swara geete, Songs	
18	4	Basics in Music	Revision Paltaas- 1212, 1231 Taal – Keharava, TeenTaal	
		Raag – Bhoop	Lakshanageete with Notation, Songs	

19	7	Basics in Music	Revision Alankaar 1 (Basics 2) Taal – keharava	
		Raag – Bhoop	Lakshanageete with Notation, Songs	
20	9	Basics in Music	Revision Alankar 2 (Basics 2) Taal – Dadara, Ektaal	
		Raag – Bhoop	Lakshanageete with Notation, Revision	
21	11	Basics in music	Revision Paltas-1223,1122 Taal – Dadara, Ektaal	Explanation Writing, Singing & Practicing Taal on Hand
		Raag – Bhoop	Chotakhyaal with Notation, Revision	
22	14	Basics In Music	Revision Paltaas – 1234,1321 Taal – Dadar, Ektaal	
		Raag – Bhoop	Chotakhyaal with Notation, Revision	
23	16	Basics in Music	Revision Paltaas –1213,1223 Taal- Dadara, Ektaal	
		Raag 1–Bhoop	Chotakhyaal with Notation, Taalabaddha alap, Taan, Songs	
24	18	Basics in Music	Revision Paltaas-1112,1323 Taal – Dadara, Ektaal	
		Raag – Bhoop	Chotakhyaal with Notation, Taalabaddha alap, Taan Revision	
25	21	Basics in Music	Revision Paltaas- 1121,1123 Taal – Jhaptaal	
		Raag – Bhoop	Revision	
26	23	Basics in Music	Revision 12211211, Taal – Jhaptaal	
		Raag – Bhoop	Revision	
27	25	Basics in music	Alankar 3, Taal – Jhaptaal	
		Raag – Bhoop	Revision	
28	28	Basics in Music	Revision Paltas-12121234, Swaraprogression1(A) Taal – Jhaptaal	
		Raag – Bhoop	Revision, Songs	
29	30	Basics In Music	Revision , Voice culture Paltaas – 12323211,	

			Swaraprogession1(B) Taal – Jhaptaal	Explanation Writing, Singing & Practicing Taal on Hand
		Raag – Bhoop	Revision	
30	August 1	Basics in Music	Revision Paltaas-12222111, Offbeat-1 (Basics 2) Taal- Jhaptaal	
		Raag – Bhoop	Revision	
31	4	Basics in Music	Revision Paltaas-12121211, Taal – Teen taal	
		Raag – Bhoop	Revisions, Songs	
32	6	Basics in Music	Revision Paltaas- Learn to Create Own Paltas, Taal – Roopak	
		Raag – Bhoop	Bhajan, Revision	
33	8	Basics in Music	Revision Learn to Create Own 4 Matra Paltaas in Teen Taal.Taal – Roopak	
		Raag – Bhoop	Bhajan, Revision	
34	11	Basics in Music	Revision Jantishwaragalu, Taal – Roopak	
		Raag – Bhoop	Bandish, Simple alap, Simple Taan, Revision	
35	13	Basics in Music	Revision Paltas- 1232 321- 321- 321- Taal - Roopak	
		Raag – Bhoop	Bhajan, Revision	
36	18	Basics In Music	Paltaas – 1234 1234 1234 321- Taal – Offbeat	
		Raag Bhoop	Bhajan, Revision	
		Theory	Paribhashika shabdagalu	
37	20	Basics in Music	Revision Voice culture & Its Importance	
		Raag Bhoop	Bhajan, Revision	
38	22	Basics in Music	Revision Voice culture, 4 matra paltaas	
		Raag Bhoop	Revision	
39	25	Basics in Music	Revision 4 Matra paltaas, Taalagalu	
		Raag Bhoop	Revision	
40	29	Basics in Music	Revision 8 Matra Paltaas, all Taalagalu	
		Raag Bhoop	Revision	
41	Sep 1	Basics in Music	Revision 8 Matra Paltaas, all Taalagalu	

		Raag Bhoop	Taans	Explanation Writing, Singing & Practicing Taal on Hand
42	8	Basics in Music	Revision 8 Matra Paltaas, all Taalagalu	
		Raag Bhoop	Taans	
43	10	Basics in Music	Revision,Practicals	
		Raag Bhoop		
Session – 2				
44	12	Basics in Music	Revision	
		Raag Bhoop		
45	Octo 13	Basics in Music	Alankar 5,Paltaas	
		Raag 2 Durga	Introduction to Raag	
46	15	Basics in Music Raag 2 – Durga	Alankaar 5, Simple Alap, Alanakar, Swara Geete	
47	17	Basis in Music	Revision,Importance of Alankar 5	
		Raag Durga	Simple alap, Alanakar, Swara geete,	
48	24	Basics in Music	Revision,Paltaas –1213, 1223 Taal- Dadara, Ektaal	
		Raag - Durga	Simple alap, Alanakar,	
49	27	Basics in Music	Revision Paltaas-1112, 1323 Taal – Dadara, Ektaal	
		Raag – Durga	Swarageete, Revision	
50	29	Basics in Music	Revision Paltaas- 1121, 1123 Taal – Jhaptaal	
		Raag – Durga	Swara geete, Revision	
51	31	Basics in Music	Revision,12211211, Taal – Jhaptaal	
		Raag – Durga	Lakshanageete with Notation, Songs	
52	Nov 3	Basics in Music	Revision Alankar 3, Taal – Jhaptaal	
		Raag Durga	Lakshanageete with Notation,	
53	Nov 5	Basics In Music	Revision,Paltas-12121234, Swarapgression 1(A) Taal – Jhaptaal	
		Raag – Durga	Lakshanageete with Notation,	
54	7	Basics in Music	Revision, Paltaas – 12323211, Swarapgression1(B) Taal – Jhaptaal	
		Raag – Durga	Simple Alaap, Bandish (Chota khyal) with Notation, Revision	

55	10	Basics in Music	Revision,Paltaas-12222111, Offbeat-1 Taal- Jhaptaal	Explanation writing, singing & practicing taal on hand
		Raag – Durga	Bandish, Simple Alap, Simple Taan,	
56	12	Basics in Music	Revision, Paltaas-12121211, Taal – Teen taal	
		Raag – Durga	Revision	
57	17	Basics in Music	Revision, Paltaas- 12111211 Taal – Roopak	
		Raag – Durga	Bandish, Simple Alap, Simple Taan,	
58	19	Basics in Music	Revision,Alankar 7, Swara progression 1 (C)	
		Raag - Durga	Bandish, Simple Alap, Simple Taan, Songs	
		Theory	Characteristics of Raag	
59	21	Basics in Music	Revision, 4 Matra Teentaal paltaas ,Work on Teen taal	
		Raag - Durga	Bandish ,Simple alap, Simple Taan,	
60	Dec 3	Basics in Music	Revision	
		Raag – Durga	Revision ,Bhajan	
61	5	Basics in Music	Revision,Alankar 1, 4 Matra Teen taal paltaas	
		Raag – Durga	Revision	
62	8	Basics in Music	Revision Komala, Teevra Swara Practice	
		Raag – Durga	Revision, Songs	
63	10	Basics in Music	Revision Komala ,Teevra Swara Practice	
		Raag Durga	Revision	
64	12	Basics In music	Komala ,Teevra Swara Practice	
		Raag – Durga	. Revision, Practicals	
Session – 3				
65	15	Basics in Music	Komala, Teevra swara Practice	
		Raag - 3 Bheempalas	Introduction to Raag, Alap, Alankaar 5	
66	17	Basics in Music	Revision, Komala, Teevra Twara Practice, Offbeat 1	
		Raag – Bheempalas	Introduction to Raag, Alap, Alankaar, Swara geete	
67	19	Basics in Music	Revision Offbeat 2, Paltaas in 4 Matra	
		Raag – Bheempalas	Lakshanageete with Notation, Revision	
68	22	Basics in Music	Revision,Offbeat 3, On Beat and	

			Off Beat and Its Importance	Explanation Writing, Singing & Practicing Taal on Hand
		Raag – Bheempals	Lakshanageete with Notation, Revision	
69	24	Basics In Music	Revision On & Off Beat Learning with Different Chand	
		Raag - Bheempalas	Lakshanageete with Notation, Songs	
		Theory	Characteristics of Raag, Elements of music	
70	26	Basics in Music	Revision, Offbeat 1,2,3	
		Raag – Bheempalas	Lakshanageete with Notation, Revision	
71	29	Basics in Music	Revision	
		Raag – Bheempalas	Bandish, Simple Alap, Simple Taan,	
72	31	Basics in Music	Revision Taal- Rupak	
		Raag – Bheempalas	Bandish, Simple Alap, Simple Taan, Revision	
73	Jan 2	Basics in Music	Revision, Alankar 5, Taal- Ektaal	Explanation Writing, Singing & Practicing Taal on Hand
		Raag – Bheempalas	Bandish, Simple Alap, Simple Taan,	
74	5	Basics in Music	Revision, Swar progression 1B, Taal- Jhaptal	
		Raag – Bheempals	Bandish, Simple Alap, Simple Taan, Revision	
75	7	Basics In Music	Revision Jantisaragalu, Jhaptal	
		Raag - Bheempalas	Revision	
76	9	Basics in Music	Revision Alankar 2, 4 Matra Paltaas	
		Raag – Bheempalas	Revision	
77	12	Basics in Music	Revision Svara Progression 1A, Taal Ektaal	
		Raag – Bheempalas	Revision ,Bhajan	
78	16	Basics in Music	Revision Alankar 7, Taal -Ektaal	
		Raag – Bheempals	Revision ,Bhajan	
79	19	Basics In Music	Revision Voice Culture, Taal- Ektaal	
		Raag - Bheempalas	Bhajan, Revision	
80	21	Basics in Music	Revision Alankaar 2, All Taalas	
		Raag – Bheempalas	Bhajan, Taans Practice	
		Theory	Importance of Basics	
81	23	Basics in Music	Revisions, Practicals	

		Raag – Bheempalas		
Session – 4				
82	28	Basics in Music	Revision Swara Progression 1 (A,B,C)	Explanation Writing, Singing & Practicing Taal on Hand
		Raag – 4 Bhagesri	Introduction to Raag, Alap, Alankaar	
83	30	Basics in Music	Revision Komala, Teevra swara practice, Offbeat 1	
		Raag – Bhagesri	Introduction to Raag, Alap, Alankaar, Swara geete	
84	Feb 2	Basics in Music	Revision Offbeat 2, Paltaas in 4 Matra	
		Raag – Bhagesri	Lakshanageete with Notation,	
		Theory	Taala in Detail, Elements of Music	
85	4	Basics in Music	Revision Offbeat 3, On Beat and Off Beat and Its Importance	
		Raag – Bhagesri	Lakshanageete with Notation,	
86	6	Basics In Music	Revision, On & Off Beat Learning with Different Chand	
		Raag – Bhagesri	Lakshanageete with Notation,	Explanation Writing, Singing & Practicing Taal on Hand
87	7	Basics in Music	Revision, Songs Offbeat 1,2,3	
		Raag – Bhagesri	Lakshanageete with Notation,	
88	9	Basics in Music	Revision	
		Raag – Bhagesri	Bandish, Simple Alap, Simple Taan,	
89	11	Basics in Music	Revision Taal- Rupak	
		Raag – Bhagesri	Bandish, Simple Alap, Simple Taan, Revision	
90	13	Basics in Music	Revision Alankar 5, Taal- Ektaal	
		Raag – Bhagesri	Bandish, Simple Alap, Simple Taan,	
91	16	Basics in Music	Revision Swar Progression B, Taal- Jhaptal	
		Raag - Bhagesri	Bandish, Simple Alap, Simple Taan,	
92	18	Basics in Music	Revision Jantisaragalu, Jhaptal	
		Raag – Bhagesri	Revision , Bhajan	
93	20	Basics in Music	Revision Alankar 2, 4 Matra Paltaas	

		Raag – Bhagesri	Revision ,Bhajan	Explanation Writing, Singing & Practicing Taal on Hand
94	23	Basics in Music	Revision Swara progression 1A, Taal Ektaal	
		Raag – Bhagesri	Revision ,Bhajan	
95	25	Basics in Music	Revision Alankar 7, Taal -Ektaal	
		Raag – Bhagesri	Taans Practice	
96,	27	Basics in Music	Revision Voice Culture, Taal- Ektaal	
		Raag - Bhagesri	Revision, Songs	
		Theory	Taala in Detail,Elements of music	
97	Mar 2	Basics in Music	Revision, Basics 1&2 Voice Culture, Taal- Ektaal	Explanation Writing, Singing & Practicing Taal on Hand
98	4	Raag - Bhagesri,Bhoop,	Revision, Songs	
99	6	Theory	Taala in Detail,Elements of music	
100	9	Basics in Music	Revision, Basics 1&2 Voice Culture, Taal- Ektaal	
101	11	Raag - Bhagesri,Bheempalasi	Revision, Songs	
102	April 1	Theory	Taala in Detail,Elements of music	
103	2	Raag – Durga, Bhoop	Revision, Songs	
104	3	Raag - Bhagesri,Bheempalasi	Revision, Songs	
105,106, 107, 108,109, 110,111, 112,113, 114,115, 116,	April 3 to 15	Basics in Music	Theory - Paribhashika shabdagalu and Characteristics of Raag, Project work on Raaga & Taala , Old Question papers solving,Creativity on Basics and Raaga. Revisions and Practicals	
		Raagas Basics and Songs		